

Catholic Community of Northern Columbia County

ST. JAMES CHURCH 117 Hudson Ave., Chatham, NY, 12037 Phone: (518) 392-4991 E-mail: sjofficeassistant@gmail.com Website: www.stjameschatham.org www.facebook.com/stjameschatham/ ST. JOHN THE BAPTIST CHURCH 1025 Kinderhook St., Valatie, NY, 12184 Phone: (518) 758-9401 E-mail: stjohnthebaptistch@nycap.rr.com Website: www.stjohnsvalatie.org www.facebook.com/stjohnsvalatie/ THE CHURCH OF ST. JOSEPH 1820 Route 9, Stuyvesant, NY, 12173 Phone: (518) 799-5411 E-mail: stjosephcolumbia@nycap.rr.com Website: parishes.rcda.org/ChurchofStJoseph/ www.facebook.com/churchofstjoseph/

ROMAN CATHOLIC DIOCESE OF ALBANY (RCDA) 40 N. Main Ave., Albany, NY, 12203 Phone: (518) 453-6600

> Website: www.rcda.org www.facebook.com/DioceseOfAlbany/

CATHOLIC CHARITIES — HUDSON, NY 431 E. Allen St., Hudson, NY, 12534 Phone: (518) 828-8660

Website: www.catholiccharitiescq.org

E-mail: info@cathcharcg.org

# LOCAL WAYS TO GET HELP IN TIMES OF CRISIS

Call 911 if you (or someone you know) is in immediate danger. The Columbia County Sheriff's Office can check in on people as needed; call (518) 828-0601, ext. 1400, and leave a message. To dispatch a deputy, call (518) 828-3344.

Many more resources exist in our communities than the ones listed here. This list is updated daily.

## **Mental Health**

Mental Health 24-Hour Crisis Line: (518) 828-9446

Suicide Prevention Hotline: 1-800-273-8255

Anonymous Crisis Texting: Text "HOME" to 741741 (to be immediately connected with a therapist) Mental Health Association in New York State: (518) 434-0439; www.mhanys.org Headspace (free meditation, sleep, and movement exercises): www.headspace.com/ny/

### Substance Abuse

Greener Pathways: (518) 822-7437 Columbia County Pathways to Recovery: 1-877-467-3365 Rehabilitation Services for Drug and Alcohol Abuse in Columbia County: 1-800-304-2219 Chatham Cares 4 U: (518) 392-3451, www.chathamcares4u.com

### **Domestic Abuse**

**SAFE of Columbia County, 24/7 Crisis Line:** (503) 397-6161 or (866) 397-6161; *safeofcolumbiacounty.org* **Victims of Domestic Violence Hotline:** 1-800-942-6906 (*safe shelter and relocation services*)

# **School District Nutrition Resources**

Chatham Central School District — Call (518) 392-2400 for information about meal distribution. Ichabod Crane Central Schools — A daily, free bagged breakfast and lunch is available for children younger than 18; e-mail *tdigrigoli@ichabodcrane.org* to sign up. Monday, Wednesday, and Friday pickup locations are: Ichabod Crane High School's cafeteria side entrance, 9 a.m. to 1 p.m.; and The Church of St. Joseph, 1820 Route 9, Stuyvesant, 10 a.m. to noon. Hudson City School District — Visit www.hudsoncsd.org/2020/03/17/student-meal-pick-up-procedure/ for pickup locations and procedures. E-mail *konderwichd@hudsoncsd.org* for information.

**Taconic Hills School District** — To receive meals, fill out the form at *https://tinyurl.com/wum9b7f* or call (518) 325-2885. **Germantown Central Schools** — Meal pickup times: 10 a.m. to noon every Tuesday and Friday. Call (518) 537-6281. **New Lebanon Central School District** — Meal distribution: Tuesdays and Thursdays; e-mail *jnoble@newlebanoncsd.org*.

# LOCAL FOOD PANTRIES

# **Chatham Food Pantry**

Tracy Memorial Village Hall, 77 Main St., Chatham; (518) 392-7794 Open Mondays, 10 a.m. to noon; Tuesdays, 10 a.m. to noon; Wednesdays, 4 to 6 p.m.; Thursdays, 4 to 6 p.m.; and Fridays, 10 a.m. to noon www.chathamsilentpantry.org; chathamsilentpantry@gmail.com

# **Ghent Food Pantry**

2306 State Route 66, Ghent; (518) 392-4644 Open Monday through Thursday, 9 a.m. to noon; *townofghent.org/services/food-pantry/* 

# The Church of St. Joseph Food Pantry

2824 Atlantic Ave., Stottville; (518) 799-5411

Open on the third Friday of each month (no-contact distribution), 4 to 5 p.m. *parishes.rcda.org/ChurchofStJoseph/outreach.php*; *stjosephcolumbia@nycap.rr.com* 

# Valatie Ecumenical Food Pantry

3212 Church St. (First Presbyterian Church), Valatie; (518) 755-3176 Open every Monday, noon to 2 p.m.; first, third, and last Wednesday of the month, 6 to 8 p.m.; and the second and fourth Saturday of the month, 9 to 11 a.m.; *valatiefoodpantry.com* 

# FOOD PANTRIES IN OUR EXTENDED COMMUNITIES:

### Charlie's Pantry (New Lebanon)

732 U.S. Route 20, New Lebanon; (518) 794-0156 Open by appointment for emergencies; *regionalfoodbank.net/agencies/charlies-pantry/* 

#### **Church of The Holy Cross Food Pantry**

Route 82, West Taghkanic; (518) 851-2474 Open by appointment; serving the Taghkanic, Livingston, Gallatin, and Ancram areas

> **Columbia Opportunities, Inc.** 540 Columbia Street, Hudson; (518) 828-4611

#### **Germantown Reformed Church of America**

20 Church Avenue, Germantown; (518) 537-6388 Open by appointment; serving the Livingston, Germantown, and Clermont areas

### Mellenville/Philmont Food Pantry

91 Church St., Mellenville; (518) 672-7911 Open Tuesdays, 10:30 to 11:30 a.m. and 5:30 to 6:30 p.m. townofclaverack.com/services/food-pantry/; hoose@townofclaverack.com

### **Roe-Jan Food Pantry**

Routes 22 and 23, Hillsdale (Hillsdale Methodist Church); (518) 943-9205 Open by appointment only; serving the Hillsdale, Copake, Ancram, and Gallatin areas